

Curriculum Vitae  
Of  
Nijil Lal Vasukutty

MBBS

Dip Orth.

DNB Orth.

MRCS

FRCS (Tr & Orth)

**(GMC No 6072110)**

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**PERSONAL DETAILS**

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NAME: Nijil Lal Vasukutty

PERMANENT ADDRESS: 29, Pilley's Lane, Boston, Lincolnshire PE21 9RA

PHONE NO: 07913767409

E- MAIL: nijilvasukutty@nhs.net

GMC No : 6072110 (On specialist register for trauma and orthopaedics)

NATIONALITY : British

DATA PROTECTION REGN. : ZA492593

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**QUALIFICATIONS**

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2022. **Post Graduate Certificate in Medical Education** University of Glasgow

2013 **FRCS (Tr&Orth)** RCS Edinburgh

2006 **MRCS** RCS Edinburgh

2001 **DNB Orth** National Board of Examinations, India

1999 **Dip. Orth** University of Kerala, India

1997 **MBBS** University of Kerala, India

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**MEMBERSHIPS**

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International Association of Diabetic Foot Surgeons

General Medical Council

British Orthopaedic Association

Medical Defence Union

British Orthopaedic Foot and Ankle Society

British Indian Orthopaedic Society

Royal College of Surgeons Edinburgh

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## EMPLOYMENT HISTORY

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### Current Posts

**Consultant Orthopaedic Surgeon.** – United Lincolnshire Hospitals (Base: Pilgrim Hospital) August 2018 till date.

Special Interests: Foot and Ankle Surgery, Diabetic Foot surgery and Trauma.

**Academic Lead for Orthopaedics** – University of Lincoln Medical School

### Additional responsibilities in Current NHS Post

- Foundation Programme Lead for Trauma and Orthopaedics
- Orthopaedic Lead for Multidisciplinary Diabetic Foot team.
- Teaching Practitioner Lincoln Medical School

**Consultant Orthopaedic Surgeon.** – Boston West Hospital (Part of Ramsay Hospitals) February 2020 till date.

Special Interests: Foot and Ankle Surgery,

### Previous Posts

**Consultant Orthopaedic Surgeon** – Lister Hospital Stevenage (Feb 2017 – July 2018)

Special Interests: Foot and Ankle Surgery, Diabetic Foot surgery and Trauma.

### Specialist Training

- Foot and Ankle Fellowship – University Hospital South Manchester NHS Trust, University Hospital Southampton
- Fellowship in Diabetic Foot Surgery - Kings College Hospital, London. (Only formal training post in diabetic foot reconstruction in the country)
- Fellowship in Paediatric Orthopaedics - University Hospital Southampton
- Fellowship in Hip Arthroplasty (DePuy Hip Fellow) – Pilgrim Hospital, Boston

### Other NHS Posts

**Specialty Doctor in Trauma and Orthopaedics,** Pilgrim Hospital Boston Nov 2008 to April 2010 and May 2011 to November 2014

**Honorary Teaching Fellow** in Trauma and Orthopaedics, Pilgrim Hospital Boston. May 2010 to November 2014.

Responsible for organising orthopaedic module for Leicester Medical Students and delivering induction and teaching. 1 Professional Activity dedicated for the same every week.

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## **AREAS OF EXPERTISE**

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### **Foot and Ankle Surgery**

- Forefoot surgery – correction of bunion, toe deformities, big toe arthritis, big toe joint replacement.
- Midfoot surgery – Surgery for arthritis, deformities
- Hindfoot surgery – Surgery for arthritis, deformity corrections
- Flat foot corrective surgery
- Sports Injuries of foot and Ankle - Ankle arthroscopy and ligament reconstruction
- Reconstruction of neurological conditions -tendon transfer operations
- Management of tendon disorders
- Rheumatoid conditions

### **Diabetic Foot Surgery**

Charcot foot reconstructions

Newer techniques of osteomyelitis management including local antibiotic

### **Trauma**

Management of all complex foot and ankle trauma

All general trauma including polytrauma

## **AWARDS AND PRIZES**

BOFAS award for best poster – BOFAS annual meeting 2016

ULHT trust award for Diabetic Foot Team

## **DIABETIC FOOT WORK**

Orthopaedic lead for Diabetic Foot service

Weekly Diabetic foot MDT, ward round, clinics

Regular diabetic foot operating on an urgent and planned basis.

### **Diabetic Foot Surgeons – UK**

Set up national body for surgeons with interest in diabetic foot surgery. We have quarterly meetings with guest lecture and a complex case discussions.

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**PUBLISHED PAPERS**


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**Diabetic Foot Publications**

1. Limb Salvage Surgery in Diabetic Foot Infection: Encouraging early results with a local antibiotic carrier. *The Diabetic Foot Journal*. Vol 25 no2.2022
2. Partial Calcanectomy with antibiotic bio composite injection for diabetes patients with heels ulcers and calcaneal osteomyelitis. *The Diabetic Foot Journal*. Vol 24. No 3 2021
3. Midfoot Arthritis – Current Concepts review. *Journal of Clinical Orthopaedics and Trauma*
4. Correction of hindfoot deformity in Charcot neuroarthropathy with a retrograde nail – The King’s Experience. *Foot and Ankle Surgery* (October 2018)
5. Antibiotic Loaded Bio composite in Diabetic Foot Osteomyelitis (Abstract) – JBJS Proceedings Dec 2018
6. Corrective Midfoot fusion for Charcot Neuropathy: The King’s Experience. *Bone Joint J* Jul 2016 98-B (SUPP 14) 12.

**Other Orthopaedic Publications**

7. Clinical Assessment of the Subtalar joint. Editorial, *Clin Res Foot Ankle*. 2017; 5;1 (OMICS International)
8. The Double Mobility Acetabular Component in Revision Hip Replacement: The United Kingdom Experience. *J Bone Joint Surg (Br)* 2012 May 94(5) 603-8
9. Fracture pelvis with intrapelvic dislocation of proximal femur. *J Bone Joint Surg (Am) Case Connector*. April 2012
10. Systemic effects of cobalt toxicity after revision hip replacement can manifest in intermediate to long term follow up. *Hip International* (published online July 2016)
11. A strict management protocol can produce good long-term results" *RCS Annals*
12. Ankle Arthroscopy in Children. *Ann R Coll Surg Engl*. 2011 Apr 93(3): 232-5
13. The double mobility cup for hip arthroplasty in patients at high risk for dislocation. *Ann R Coll Surg Engl* 2014
14. Preoperative grip strength measurement and duration of hospital stay in patients undergoing Total hip and knee arthroplasty. *Eur J Orthop Surg Traumatol* 2013 Jul 23 (5) 553-6
15. Primary and Revision THA using a stemless metaphyseal loading implant above distorted proximal femoral anatomy. *Hip Int* 2013 Jan-Feb 23(1) 40-5
16. An unusual fungal infection following a total hip replacement. *BMJ Case Rep*. 2012 Sep 24;2012
17. Dislocation of Large Diameter Metal on Metal Bearings: An Indicator of Metal Reaction? *J.Arthroplasty* 2011 Sep; 26(6): 832-7

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**PUBLISHED JBJS /BJJ ABSTRACTS**


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18. Efficiency of guided growth plates in treating leg length discrepancy. *Bone Joint J* Sep 2016,98-B (SUPP 15) 4
19. The metal-on-metal hip replacement recall: Our experience with over 700 cases. *Bone Joint J* 2015 vol 97-B no. SUPP 10 19
20. Is it possible to pre-operatively plan implant size in hip hemiarthroplasty? *J Bone Joint Surg Br Proceedings*, Aug 2008; 90-B: 472

21. The dislocating hip in revision surgery – can a dual mobility implant succeed where others have failed? J Bone Joint Surg Br 2012 vol 94-B no. SUPP XXXIX 1
22. The Southampton Experience. J Bone Joint Surg Br 2010 vol. 92-B SUPP III 376
23. Pre-operative grip strength measurement and duration of stay in patients undergoing total hip and knee arthroplasty. Bone Joint J 2013 vol. 95-B no. SUPP 1 174
24. Dislocation of large diameter metal on metal bearings: An indicator of metal hypersensitivity? A report of four cases. J Bone Joint Surg Br 2010 vol. 92-B no. SUPP III 392
25. Correction of leg length inequality by guided growth. Proceedings of BSCOS annual conference March 2016

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## PRESENTATIONS

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### International

1. Single stage management of diabetic heel ulcer and calcaneal osteomyelitis - European Bone Infection Congress September 2019 (Poster)
2. Antibiotic loaded bio composite in Diabetic foot osteomyelitis – European Bone Infection Congress September 2018. (Podium)
3. The metal on metal hip replacement Recall – Our experience with over 700 cases. AAOS meeting. Las Vegas. March 2015 European Hip Society 2014(Poster)
4. The Double Mobility Acetabular Component in Revision Hip Replacement: The United Kingdom Experience. European Hip Society Meeting. Milan Italy Sept 2012 (Podium)
5. Instability in Total Hip Replacement – Invited Lecture – Annual Conference of the Kerala Orthopaedic Association Trivandrum, India January 2014 (Lecture)
6. The Uncemented Total Hip - Invited Lecture – Annual Conference of the Kerala Orthopaedic Association Trivandrum, India January 2014 (Lecture)
7. Proxima Stem – Early results of a recently introduced metaphyseal loading femoral stem. European Hip Society 2012 (Poster)
8. Evaluation of thoracolumbar spine – the key to obscure lumbosacral and sacro iliac pain Orthopaedic Association of South Indian States (OASIS) – Hyderabad (India) – July 2002 Annual conference - Kerala Orthopaedic Association (KOA) – Trichur (India) Jan 1999. Annual conference - Indian Orthopaedic Association (IOA) - Jabalpur (India) Dec '98
9. Endoprosthetic replacement in long bone tumors KOA conference - Cochin - Jan 2000, OASIS conference, Hyderabad (India) July 2002
10. Ipsilateral vascular fibula for tibial reconstruction Annual conference - Kerala Orthopaedic Association – India - Jan 2002

### National

11. Antibiotic loaded bio composite in Diabetic foot osteomyelitis – Malvern Diabetic foot conference May 2018
12. Correction of hindfoot deformity in Charcot neuroarthropathy with a retrograde nail. BOFAS 2016
13. Correction of leg length discrepancy by guided growth - BSCOS March 2016
14. Corrective midfoot fusion for Charcot neuroarthropathy – BOFAS Nov 2016
15. Virtual Fracture Clinic in the management of foot and ankle fractures –BOFAS 2016

16. Outcome of operatively treated Os Calcis fractures – The Southampton Experience. BOFAS (British Orthopaedic Foot and Ankle Society) meeting, Guildford Nov 2015
17. The metal on metal hip replacement Recall – Our experience with over 700 cases. Annual meeting of the Indian Orthopaedic Society –United Kingdom. July 2014. (Podium)
18. Documentation in Knee Arthroscopy - Are we speaking the same language? - Indian Orthopaedic Society –UK 2014(Poster)
19. Total Hip Replacement with the ASR implant – experience from a District General Hospital – British Hip Society March 2013, Indian Orthopaedic Society –UK 2014(Poster)
20. Proxima Stem – Early results of a recently introduced metaphyseal loading femoral stem London Hip Meeting April 2011 (Poster)
21. Double Mobility Acetabular implant in Revision Hip Replacement British Hip Society 2011, London Hip Meeting 2011 (Poster)
22. Double Mobility Acetabular implant in Primary Hip Replacement for patients at high risk for instability British Hip Society 2011, London Hip Meeting 2011, BOA Congress 2011 (Poster)
23. Ankle arthroscopy in children – the Southampton experience -, British Orthopaedic Association Foot and Ankle Society (BOFAS) 2008(Poster), British Orthopaedic Association Paediatric Society (BSCOS) 2009 (Podium)

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## CONFERENCES

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2019 – British Orthopaedic Foot and Ankle Society Congress - Nottingham  
2019 - European Bone and Joint Infection Society Congress, Antwerp, Belgium  
2018 – British Orthopaedic Foot and Ankle Society Congress \_ Edinburgh  
2018 – European Bone and Joint Infection Society Congress, Helsinki  
2018 – Malvern Diabetic Foot Conference  
2017 - British Orthopaedic Foot and Ankle Society Congress - Sheffield  
2016 - London Hip meeting 2016.  
2016 - British Society for Children’s Orthopaedic Surgery (BSCOS) – Annual Conference  
2015 - Gauvain Society – Annual Meeting. Dorchester June 2015  
2015 - Regional Oxford Paediatric Orthopaedic Group, Annual Meeting. Southampton.  
2015 - American Academy of Orthopaedic Surgeons (AAOS) Annual Congress – Las Vegas  
2015 - American Orthopaedic Foot and Ankle Society (AOFAS) – Specialty day at AAOS

2014 - Indian Orthopaedic Society –UK. Annual Conference. London  
2014 - London Hip meeting  
2014 - Annual Conference of the Kerala Orthopaedic Association, Thiruvananthapuram.  
2012 - European Hip Society 10<sup>th</sup> Congress. Milan, Italy  
2011 - London Knee meeting  
2011 - Care UK annual Orthopaedic Seminar, London  
2011 - London Hip meeting  
2010 - Supporting Professional Development for SAS Doctors – Pilgrim Hospital.  
2009 - BSCOS – Annual Conference. Birmingham  
2008 - British orthopaedic Foot and Ankle Society (BOFAS) Annual conference - Liverpool  
2008 - Gauvain Society meeting, Southampton  
2007 - Exeter Hip Symposium, Exeter. Stryker UK

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## **SURGICAL TRAINING COURSES**

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2021 – Ankle Replacement Cadaveric Training (Smith and Nephew Lab Watford. Sept 2021)

2020 – Arthrex Arthrolab Foot and Ankle Master class – Munich

2020 – Newclip Foot and Ankle Cadaver course – Nantes.

2019 Lavender Cadaveric Hindfoot and Midfoot fixation course

2018 Madrid Foot and Ankle Arthroscopy and Minimally Invasive surgery training

2018 Lavender Cadaveric Ankle replacement training course

2017 Infinity Ankle Replacement

2017 BOFAS advance Foot and Ankle Cadaver course

2016 Manchester Cadaveric Hind foot Course – Manchester Medical School. Organised by Foot and Ankle surgeons in the Manchester region.

2016 Foot and Ankle Cadaveric Course Stryker UK.Royal Liverpool Hospital

2014 Oswestry Foot and Ankle Course – Robert Jones Agnes Hunt Orthopaedic Hospital.

2014 Newcastle Cadaveric Primary and Revision Knee course – Depuy UK

2014 Advance Trauma Life Support (ATLS) Re Verification – Royal College of Surgeons of England. Conducted in Leicester teaching hospital

2010 Corail Hip Arthroplasty Registrar Training Workshop – DePuy UK

2010 ATLS Reverification – Royal College of Surgeons of England

2009 AO Principles in Operative Fracture management – AO UK – Leeds Teaching Hospitals

2008 Basic Knee Arthroplasty - Cuschieri Skills Centre - University of Dundee

2008 Basic Hip Arthroplasty - Cuschieri Skills Centre - University of Dundee

2008 Wessex Instructional Hand Course – Southampton General Hospital

2007 Trauma Skills Course – Orthoteers, Manchester.

2006 Intermediate Life Support – Resuscitation Council - UK

2005 ALERT course – University of Portsmouth

2005 Basic Surgical Skills - Royal College of Surgeons of England

2003 National Trauma Management course – Mangalore, India

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### **MANAGEMENT TRAINING**

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2015 Essentials of Effective Leadership – Health Education Wessex. Deanery and GMC requirement for Certification of completion of training in Trauma and Orthopaedics

2015 Time management - Health Education Wessex

2009 Introduction to Communication Skills -ULH Trust

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### **TRAINING IN TEACHING AND RESEARCH**

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2020 Developing Expert educators for healthcare professionals – University of Nottingham

2014 Teach the teacher course – 2-day course run by Logic Health group for medical trainees on teaching and presentation skills

2014 Examiner Training (MBBCh IPE and FPE) - University of Leicester

2014 Good Clinical Practice – Certificate awarded by NIHR – National Institute of Health Research.

2013 Preparing Portfolios and SAS Thresholds – ULHT SAS training day

2009 Clinical Supervisor Training – ULH Trust

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### **MEDICOLEGAL TRAINING**

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Medicolegal Expert Witness Training - Specialist Info – London Jan 2019

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### **AUDIT**

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2020- Foot and Ankle Covid-19 National Audit UK Falcon

2019 – Quality of Discharge Summary sent to General Practitioners from Orthopaedics

2018 - Outcome of posterior malleolus fixation in through posterolateral approach

2017-'18 – Outcome of local antibiotic treatment in diabetic foot osteomyelitis

2016 Virtual Fracture clinic for foot and ankle injuries

2015 Re Audit of Documentation in Knee Arthroscopy

2015 Outcome of operatively treated Os Calcis fracture

2014 Documentation in Knee Arthroscopy - Are we speaking the same language?

2014 Re Audit of clinic documentation

2014 Audit of PROMS data for elective hip replacements for United Lincolnshire Hospitals.

2014 On the day cancellations in elective Orthopaedics - Pilgrim Hospital June 2014.

2012 Outcome of ASR hip replacement.

2013 Audit of Documentation of daily progress and plan from every review in patient notes

2011 Assessment of Migration of the Titan Revision Stem in Revision and Complex primary hip replacement.

2010 Early results of the Proxima stem in primary hip replacements – Pilgrim Hospital  
2010 Audit on cancellation of elective orthopaedic operations in Pilgrim Hospital.  
2009 Correlation of Ultrasound and intraoperative findings in Shoulder Arthroscopy - Pilgrim Hospital  
2009 Audit of orthopaedic directorate's compliance to Trust VTE prophylaxis policy –  
2008 Pre-operative expectation and postoperative satisfaction in patients undergoing hip and knee arthroplasty  
2006 Documentation of the integrated care pathway for fracture neck of femur -Glan Clwyd Hospital

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## **SERVICE IMPROVEMENT PROJECTS**

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Leading and coordinating Orthopaedic management of Diabetic Foot disease -United Lincolnshire Hospital NHS Trust. Our team had brought down amputation in ULHT catchment area by over 50% in 2019-'20 compared to previous years

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## **TEACHING and TRAINING**

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### **Regional and National Level**

- I have facilitated and led on several and national and regional meetings related to Diabetic Foot Service targeted at surgeons and allied health professionals involved in Diabetic Foot Care.

### **Training Supervisor Roles**

- Education supervisor for Core trainee in Orthopaedics
- Clinical Supervisor for Foundation year trainees
- Regular clinical supervision of higher surgical trainees from February 2017

### **Undergraduate**

- Teaching Practitioner – Lincoln Medical School. March 2020 till date
- Honorary Clinical Teaching Fellow in Trauma and orthopaedics. 2010 to 2014 Responsible for organizing the teaching programme for Leicester and Nottingham medical students.
- Examiner for Inter Professional examination for medical students at University of Leicester

### **Post graduate**

- Faculty at Total Hip Arthroplasty Workshop KOA 2014
- Faculty for GP training courses –med skills
- Faculty for teaching programmes for General Practitioners in Lincolnshire East CCG.
- Lecturer in Orthopaedics – Medical College Trivandrum January 2001 till November 2001

- Faculty at Leicester deanery FRCS mock vivas

#### **Invited Lectures**

- Local Antibiotic in Diabetic Foot Infections – Diabetic Foot Update. London 2019
- Foot and Ankle Surgeon in the Diabetic Foot MDT Service – Current Concepts in Diabetic Foot. London Jan 2018
- Instability in Total Hip Replacement – Invited Lecture – Annual Conference of the Kerala Orthopaedic Association Trivandrum, India January 2014
- The Uncemented Total Hip - Invited Lecture – Annual Conference of the Kerala Orthopaedic Association Trivandrum, India January 2014
- Dislocation after Hip Arthroplasty – Annual Orthopaedic Seminar of Care UK – June 2011

#### **Other teaching roles**

- Run a voluntary mentoring programme to prepare A level students for medical school interviews. This is based in Pilgrim Hospital, Boston

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#### **LEADERSHIP AND MANAGEMENT**

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- Clinical Governance Lead for Trauma and Orthopaedics in Pilgrim Hospital from Aug 2020 till Aug 2021
- Foundation Training Lead for Orthopaedics in Pilgrim Hospital Boston.
- Infection Control lead for trauma and Orthopaedics – Lister Hospital
- Southampton Foot and Ankle group - Set up during fellowship at Southampton. Monthly meetings to discuss difficult cases and recent best evidence.
- Metal on metal hip recall - Co-ordinating the recall and review process of patients with metal on metal hips and maintaining a database.
- Organising Multidisciplinary team meetings in Paediatric Orthopaedics in Southampton
- Organising Specialty doctor job plans in Pilgrim Hospital.

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#### **REFEREES**

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##### **Mr. Prabhakar Motkur FRCS (Tr&Orth)**

Clinical Director and Consultant in Trauma and Orthopaedics, Pilgrim Hospital Boston PE21 9QS Lincolnshire. Tel: 07886599258. Off: 01205446592 Fax: 01205352849  
[Prabhakar.Motkur@ULH.nhs.uk](mailto:Prabhakar.Motkur@ULH.nhs.uk)

##### **Mr. Rajiv Deshmukh FRCS (Tr & Orth)**

Consultant in Trauma and Orthopaedics, Pilgrim Hospital Boston PE21 9QS. Off: 01205446434. [Rajiv.Deshmukh@ULH.nhs.uk](mailto:Rajiv.Deshmukh@ULH.nhs.uk)

##### **Mr. T H A Minhas FRCS**

Consultant in Trauma and Orthopaedics, Pilgrim Hospital Boston PE21 9QS Lincolnshire. Tel: 01205 446495. E-Mail: [Hasnat.Minhas@ULH.nhs.uk](mailto:Hasnat.Minhas@ULH.nhs.uk)

