

## **ELECTION TO THE IADFS BOARD**

### **Nijil Vasukutty – A Personal Statement**

“Life is movement and movement is life” is the motto that we all grew up with during our orthopaedic training. As I progressed through my orthopaedic and foot and ankle training, I observed the unacceptable levels of amputations in diabetic foot patients.

This stirred a passion in me to take up diabetic foot surgery as my area of special interest. After completing foot and ankle fellowships in Southampton University and Manchester, the esteemed Kings College diabetic foot fellowship gave me training in MDT working, diabetic foot infection management and Charcot reconstruction.

I started my consultant practice in 2017 and have been part of a multidisciplinary team working closely with vascular surgeons, diabetes physician and other specialists. This helped to bring down major amputations by over 60% in Lincolnshire region in the first two years

To bring together surgeons with an interest in diabetic foot management I set up a peer group named Diabetic Foot Surgeons UK. We have quarterly meetings with a keynote lecture and group discussion of problem cases. I hope this will be a UK subsidiary of the IADFS and feed into the membership of this prestigious organisation.

I keep a prospective database of diabetic foot work to keep track of my results and complications. My 25 publications include 4 peer reviewed papers on hindfoot Charcot reconstruction and local antibiotic in diabetic foot infections. I am presenting 2 papers in the annual meeting at Bratislava.

IADFS is a forum bringing together diabetic foot surgeons from around the world. I hope to share experience and knowledge with peers from various parts of the globe through this platform.

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